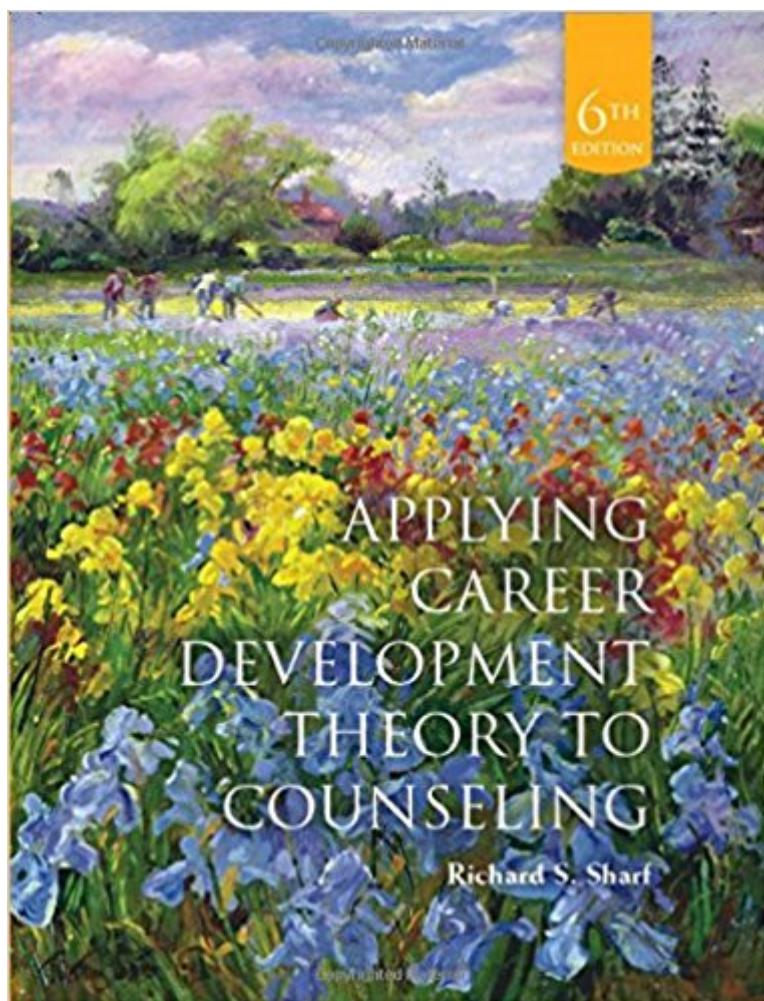


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# Applying Career Development Theory To Counseling



## **Synopsis**

A must-read for counselors in training, Sharf's **APPLYING CAREER DEVELOPMENT THEORY TO COUNSELING**, 6th Edition, shows you how to apply the principles of career development to a variety of counseling settings. This book is clearly written, filled with useful case examples, and includes integrated diversity coverage to give you the advantage in your course and your career. You'll find information about websites on internships, education, counseling organizations, and jobs. The book's Companion Website provides case studies, tutorial quizzes, and relevant links. Available with InfoTrac Student Collections <http://gocengage.com/infotrac>.

## **Book Information**

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## **Customer Reviews**

1. Introduction. 2. Trait and Factor Theories. 3. Occupations: Information and Theory. 4. Work Adjustment Theory. 5. Holland's Theory of Types. 6. Myers-Briggs Type Theory. 7. Career Development in Childhood. 8. Adolescent Career Development. 9. Late Adolescent and Adult Career Development. 10. Adult Career Crises and Transitions. 11. Constructivist and Narrative Approaches to Career Development. 12. Relational Approaches to Career Development. 13. Krumboltz's Social Learning Theory. 14. Social Cognitive Career Theory. 15. Career Decision-Making Approaches. 16. Theories in Combination. --This text refers to the Paperback edition.

Richard S. Sharf has been a counseling psychologist at the Center for Counseling and Student

Development at the University of Delaware for 37 years, providing counseling to university students. He also was the internship coordinator for the Psychology Doctoral Internship program. In addition, he taught graduate courses in counseling in the Department of Human Development and Family Studies. In writing **THEORIES OF PSYCHOTHERAPY AND COUNSELING: CONCEPTS AND CASES**, he corresponded with over 70 experts on theories of psychotherapy to ensure that the book is accurate and up to date. He is also author of **APPLYING CAREER DEVELOPMENT THEORY TO COUNSELING**, 6th Edition (©2014, Cengage Learning).

This book seeks to provide several different benefits. First, Dr. Sharf seeks to explain the history of career counseling and the differences/similarities with clinical mental health counseling. Second, Sharf breaks down different career theories by chapter, which is extremely helpful for understanding differences in theory and what is applicable for specific career issues. Finally, Sharf seeks to show how to best integrate different career theories for advanced effectiveness. This is probably the best aspect of this book as the charts and research base shows how specific theories are more effective than others. This is an excellent book for any career counseling and development class or anyone seeking to work with people with career issues.

I had to read this book for a required class. I cannot recommend it unless you are really, really interested in doing only career counseling. The book is probably adequate, but most of the theories it describes are repetitive and not exactly rocket science. I doubt their usefulness to either clients or counselors. Much of the information here could easily be summarized, leaving room for a more in depth exploration of the process of actually counseling clients.

I think this may be the most bland textbook I've come across in my graduate studies. Redundant and flat, this is a text I'd never refer to and the cost was outrageous! I'll be looking for a better book to add to my professional library as a resource!

I wish "zero stars" was an option. This is the most horribly written text book I have ever read....and I've read a ton during undergrad, law school, MBA program, and now in a Master's program for counseling. It's repetitive, poorly organized, unclear, and unnecessarily elaborate in areas that I didn't even know could be elaborated upon. Excessively belaboring. I will learn more by googling the topics to be covered in this class than I will from this book.

Worst book I have used in counseling to date. Lengthy, boring and useless as far as getting to the point. Sure it is probably required reading for your class, but buy it used, it is kindling afterwards.

I thought that this was a very thorough and easy-to-read textbook. It presented the information clearly and the progression of career development theories was in a logical order. My only complaint was that I occasionally had difficulty finding and referencing things that I knew I had read. It was something about the way the headings and index worked.

This particular copy while rated acceptable had many chapters loose from the binding and subject to loss or further damage. Not exactly "acceptable" on my terms.

I am thankful I received in such a short span of time however the binding is worn. As a whole I'm satisfied :)

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